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ROYAL GOVERNMENT OF BHUTAN  
PHUENTSHOLING THROMDE

POST CODE 21101, POST BOX NO. 02, PELKHIL LAM



PT/Health-7/2024-25/ 1396

November 12, 2024.

**Public Notification**

As a part of the upcoming nation-wide Non-communicable Disease (NCD) screening campaign, the Thromde health services in coordination with Phuentsholing Hospital and Regional Desuup Office will be conducting a community-based screening camp for NCDs for residents aged 18 years and above. The month-long screening camp aims to promote early detection of common NCDs, such as hypertension, diabetes, and cardiovascular risk, ensuring timely intervention to prevent complications.

**Objectives:**

1. Early detection and diagnosis of hypertension, diabetes, and other NCDs.
2. Provide lifestyle counseling and health education.
3. Refer individuals with positive screening results for further management at nearby health facilities.

**Screening Details:**

- **Dates:** November 14 to December 7, 2024.
- **Eligibility:** aged 18 years and above, without a prior diagnosis or current on medication for diabetes and hypertension.
- **Special Instruction:** Individuals aged 40 years and above should arrive fasting for accurate blood glucose measurements.

Micro-Plan for NCD Screening Phuentsholing Thromde				
SI	Screening Post	Date	Target pop	Remarks
1	NHDCL-Toorsa A,B and C	15/11/24	16082	
2	Permanent Quarantine Center-Toorsa	16/11/24		
3	Arura	16/11/24		
4	NPPF colony-old RICB	18/11/24		
5	RRCO office + Immigration	19/11/24		
6	Thromde Office + Dungkhag	19/11/24		
7	RBP +RBA-Pling	20/11/24		
8	RBA-Ramitey	21/11/24		
9	RBA-Rinchending	21/11/24		
10	CST	23/11/24		
11	Tashicholing Sherda	25/11/24		
12	Rinchending Sherda	25/11/24		
13	Gaiguri Sherda	25/11/24		
14	Milarepa Sherda	25/11/24		
15	Pasakha	26-30/11/24		
16	Hospital(PGH)	14-11 to 7-12		
17	Thromde Health Center	02 to 7/12/24		
18	Kidu House-Toorsa	2 to 4/12		

(Thrompon)