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ROYAL GOVERNMENT OF BHUTAN
PHUENTSHOLING THROMDE
POST CODE 21101, POST BOX NO. 02, PELKHIL LAM



PT/Health-7/2024-25/ 1396

November 12, 2024.

Public Notification

As a part of the upcoming nation-wide Non-communicable Disease (NCD) screening campaign, the Thromde health services in coordination with Phuentsholing Hospital and Regional Desuup Office will be conducting a community-based screening camp for NCDs for residents aged 18 years and above. The month-long screening camp aims to promote early detection of common NCDs, such as hypertension, diabetes, and cardiovascular risk, ensuring timely intervention to prevent complications.

Objectives:

1. Early detection and diagnosis of hypertension, diabetes, and other NCDs.
2. Provide lifestyle counseling and health education.
3. Refer individuals with positive screening results for further management at nearby health facilities.

Screening Details:

- **Dates:** November 14 to December 7, 2024.
- **Eligibility:** aged 18 years and above, without a prior diagnosis or current on medication for diabetes and hypertension.
- **Special Instruction:** Individuals aged 40 years and above should arrive fasting for accurate blood glucose measurements.

| Micro-Plan for NCD Screening Phuentsholing Thromde | | | | |
|--|------------------------------------|---------------|------------|---------|
| Sl | Screening Post | Date | Target pop | Remarks |
| 1 | NHDCL-Toorsa A,B and C | 15/11/24 | 16082 | |
| 2 | Permanent Quarantine Center-Toorsa | 16/11/24 | | |
| 3 | Arura | 16/11/24 | | |
| 4 | NPPF colony-old RICB | 18/11/24 | | |
| 5 | RRCO office + Immigration | 19/11/24 | | |
| 6 | Thromde Office + Dungkhag | 19/11/24 | | |
| 7 | RBP +RBA-Pling | 20/11/24 | | |
| 8 | RBA-Ramitey | 21/11/24 | | |
| 9 | RBA-Rinchending | 21/11/24 | | |
| 10 | CST | 23/11/24 | | |
| 11 | Tashicholing Sherda | 25/11/24 | | |
| 12 | Rinchending Sherda | 25/11/24 | | |
| 13 | Gaiguri Sherda | 25/11/24 | | |
| 14 | Milarepa Sherda | 25/11/24 | | |
| 15 | Pasakha | 26-30/11/24 | | |
| 16 | Hospital(PGH) | 14-11 to 7-12 | | |
| 17 | Thromde Health Center | 02 to 7/12/24 | | |
| 18 | Kidu House-Toorsa | 2 to 4/12 | | |

(Thrompon)